



BREAKFAST - APRIL 2017

Centre School District Centre High School



menus.opaafood.com

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Items Prepared Fresh Daily in the Opaal Kitchen

All grains offered are Whole Grain-Rich

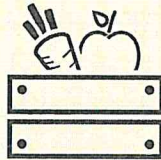
KEY:

= Farm Fresh Product

= May contain peanuts

= Pork

Harvest



of the Month



Opaal designs elementary menus to meet the nutrition targets for

HealthierUS School Challenge!



Opaal is proud to provide farm fresh, locally-grown products whenever they are available.

Partnering with us in this endeavor are the following
Hamra Farms
Farhmeier Farms
Rasa Orchard
Value Added Products

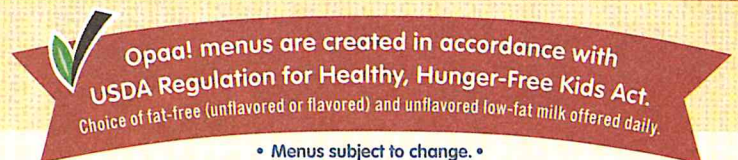
Don't forget to take the

"Extreme Fruit and Vegetable Challenge"

this month!



This institution is an equal opportunity provider.



• Menus subject to change. •