






BREAKFAST - MAY 2017

Centre School District Centre High School



menus.opaafood.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <ul style="list-style-type: none"> • Pancakes w/ Fruit Topping, Pears, Fruit Juice • Cereal, Yogurt, Pears, Fruit Juice • Oatmeal Bar, Yogurt, Pears, Fruit Juice 	2 <ul style="list-style-type: none"> • Baked Omelet, Toast & Jelly, Apple , Fruit Juice • Cereal, Toast & Jelly, Apple , Fruit Juice • Oatmeal Bar, Toast & Jelly, Apple , Fruit Juice 	3 <ul style="list-style-type: none"> • Orange Roll, Peaches, Fruit Juice • Cereal, Yogurt, Peaches, Fruit Juice • Oatmeal Bar, Yogurt, Peaches, Fruit Juice 	4 <ul style="list-style-type: none"> • Sausage Pancake on Stick , Pineapple, Fruit Juice • Cereal, Cinnamon Toast, Pineapple, Fruit Juice • Oatmeal Bar, Cinnamon Toast, Pineapple, Fruit Juice 	5 School Lunch Hero Day! <ul style="list-style-type: none"> • Biscuits & Gravy, Sausage , Strawberries, Fruit Juice • Cereal, Yogurt, Strawberries, Fruit Juice • Oatmeal Bar, Yogurt, Strawberries, Fruit Juice
8 <ul style="list-style-type: none"> • French Toast Casserole, Apple , Fruit Juice • Cereal, Yogurt, Apple , Fruit Juice • Oatmeal Bar, Yogurt, Apple , Fruit Juice 	9 <ul style="list-style-type: none"> • Pancake Sausage Griddle , Peaches, Fruit Juice • Cereal, Cinnamon Toast, Peaches, Fruit Juice • Oatmeal Bar, Cinnamon Toast, Peaches, Fruit Juice 	10 <ul style="list-style-type: none"> • Blueberry Sweet Roll w/ Lemon Glaze, Banana, Fruit Juice • Cereal, Yogurt, Banana, Fruit Juice • Oatmeal Bar, Yogurt, Banana, Fruit Juice 	11 <ul style="list-style-type: none"> • Scrambled Eggs, Toast & Jelly, Grapes, Fruit Juice • Cereal, Toast & Jelly, Grapes, Fruit Juice • Oatmeal Bar, Toast & Jelly, Grapes, Fruit Juice 	12 <ul style="list-style-type: none"> • Biscuits & Gravy, Sausage , Orange Smiles, Fruit Juice • Cereal, Yogurt, Orange Smiles, Fruit Juice • Oatmeal Bar, Yogurt, Orange Smiles, Fruit Juice
15 <ul style="list-style-type: none"> • Pancakes, Grapes, Fruit Juice • Cereal, Yogurt, Grapes, Fruit Juice • Oatmeal Bar, Yogurt, Grapes, Fruit Juice 	16 <ul style="list-style-type: none"> • Cheesy Ham and Egg Casserole, Toast & Jelly, Banana, Fruit Juice • Cereal, Toast & Jelly, Banana, Fruit Juice • Oatmeal Bar, Toast & Jelly, Banana, Fruit Juice 	17 <ul style="list-style-type: none"> • Lemon Roll, Peaches, Fruit Juice • Cereal, Yogurt, Peaches, Fruit Juice • Oatmeal Bar, Yogurt, Peaches, Fruit Juice 	18 <ul style="list-style-type: none"> • Sausage Pancake on Stick , Pineapple, Fruit Juice • Cereal, Cinnamon Toast, Pineapple, Fruit Juice • Oatmeal Bar, Cinnamon Toast, Pineapple, Fruit Juice 	19 <ul style="list-style-type: none"> • Biscuits & Gravy, Sausage , Strawberries, Fruit Juice • Cereal, Yogurt, Strawberries, Fruit Juice • Oatmeal Bar, Yogurt, Strawberries, Fruit Juice
22 <ul style="list-style-type: none"> • French Toast Sticks, Orange Smiles, Fruit Juice • Cereal, Yogurt, Orange Smiles, Fruit Juice • Oatmeal Bar, Yogurt, Orange Smiles, Fruit Juice 	23 No School	24 No School	25 No School	26 No School
29	30	31	Harvest  of the Month	

All Items Prepared Fresh Daily in the Opaa! Kitchen
 All grains offered are Whole Grain-Rich
 KEY:
 = Farm Fresh Product
 = May contain peanuts
 = Pork



This institution is an equal opportunity provider.

Opaa! menus are created in accordance with USDA Regulation for Healthy, Hunger-Free Kids Act.
 Choice of fat-free (unflavored or flavored) and unflavored low-fat milk offered daily.
 • Menus subject to change. •