

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Items Prepared Fresh Daily in the Opaa! Kitchen

All grains offered are Whole Grain-Rich

KEY:

- = Farm Fresh Product
- = May contain peanuts
- = Pork



Opaa! is proud to provide farm fresh, locally-grown products whenever they are available.

Partnering with us in this endeavor are the following
Hamra Farms
Farhmeier Farms
Rasa Orchard
Value Added Products



Opaa! designs elementary menus to meet the nutrition targets for

HealthierUS School Challenge!

Don't forget to take the

"Extreme Fruit and Vegetable Challenge"

this month!

Choice of fat-free (unflavored or flavored) and unflavored low-fat milk offered DAILY!

3

- Popcorn Chicken w/ Italian Bread
- Sloppy Joes
Fresh Garden Salad, Steamed Broccoli, Fresh Fruit , Cinnamon Apple Slices
- Mandarin Orange Chicken Salad, Steamed Broccoli, Fresh Fruit , Cinnamon Apple Slices, Italian Bread

4

- BBQ Pork on Bun
- Beef Enchiladas
Refried Beans, Fresh Garden Salad, Mandarin Oranges, Fresh Fruit
- Taco Salad, Refried Beans, Mandarin Oranges, Fresh Fruit , Cornbread

5

- Chicken Patty
- Hamburger Steak
Mashed Potatoes w/ Gravy, Green Beans, Pineapple, Fresh Fruit , Hot Roll
- Strawberry Chicken Salad, Mashed Potatoes w/ Gravy, Pineapple, Fresh Fruit , Hot Roll

6

- Hot Dog
- Korean BBQ Pork Tacos
Fresh Garden Salad, French Fries, Fresh Fruit , Pears
- Cobb Salad, Fresh Fruit , Pears, Fruit Streusel Muffin

7

- Tony's Pizza
- Pepperoni Calzone
Fresh Garden Salad, Roasted Vegetables, Tropical Fruit, Fresh Fruit
- Popcorn Chicken Salad, Roasted Vegetables, Tropical Fruit, Fresh Fruit , Fruit Streusel Muffin

10

- Chicken Nuggets w/ Italian Bread
- Beef & Noodles w/ Italian Bread
Fresh Garden Salad, Corn, Applesauce, Fresh Fruit
- Mandarin Orange Chicken Salad, Corn, Applesauce, Fresh Fruit , Italian Bread

11

- Cheeseburger
- Stuffed Taco
Tater Tots, Fresh Garden Salad, Mandarin Oranges, Fresh Fruit
- Cobb Salad, Mandarin Oranges, Fresh Fruit , Fruit Streusel Muffin

12 Spring Feast

- Baked Ham
- Chicken Patty
Mashed Potatoes w/ Gravy, Glazed Carrots, Hot Roll, Fresh Fruit , Peaches, Lemon Crinkle Cookie

13

- Chicken Nachos w/ White Queso
- BBQ Rib on Bun
Fresh Garden Salad, Texas Pintos, Banana Orange Mix, Fresh Fruit
- Taco Salad, Texas Pintos, Banana Orange Mix, Fresh Fruit , Cornbread

14 No School

17 No School

18

- Chicken Soft Tacos
- Pizza Quesadilla
Fresh Garden Salad, Cowboy Beans, Fresh Fruit , Orange Pineapple Mix
- Taco Salad, Cowboy Beans, Fresh Fruit , Orange Pineapple Mix, Cornbread

19

- Chicken Patty
- Baked Ham
Mashed Potatoes w/ Gravy, Corn, Fresh Fruit , Pears, Hot Roll
- Strawberry Chicken Salad, Corn, Pears, Fresh Fruit , Hot Roll

20

- Cheeseburger
- Grilled Chicken Sandwich
French Fries, Fresh Garden Salad, Applesauce, Fresh Fruit
- Cobb Salad, Applesauce, Fresh Fruit , Fruit Streusel Muffin

21

- Pepperoni Pizza
- Peanut Butter & Jelly w/ Yogurt
Fresh Garden Salad, Baby Carrots w/ Dip, Strawberry Banana Mix, Fresh Fruit
- Popcorn Chicken Salad, Baby Carrots w/ Dip, Strawberry Banana Mix, Fresh Fruit , Fruit Streusel Muffin

24

- Chicken & Waffles
- Mozzarella Dunkers w/ Marinara
Fresh Garden Salad, Steamed Broccoli, Cinnamon Apple Slices, Fresh Fruit
- Mandarin Orange Chicken Salad, Steamed Broccoli, Cinnamon Apple Slices, Fresh Fruit , Italian Bread

25

- Hot Dog
- Turkey Burger
French Fries, Fresh Garden Salad, Mandarin Oranges, Fresh Fruit
- Cobb Salad, Mandarin Oranges, Fresh Fruit , Fruit Streusel Muffin

26

- Chicken Patty
- Roasted Pork
Mashed Potatoes w/ Gravy, Green Beans, Pineapple, Fresh Fruit , Hot Roll
- Strawberry Chicken Salad, Mashed Potatoes w/ Gravy, Pineapple, Fresh Fruit , Hot Roll

27

- Super Nachos
- Chicken Enchilada w/ White Queso
Fresh Garden Salad, Refried Beans, Pears, Fresh Fruit
- Taco Salad, Refried Beans, Pears, Fresh Fruit , Cornbread

28

- Tony's Pizza
- Parmesan Chicken Sandwich
Fresh Garden Salad, Roasted Vegetables, Tropical Fruit, Fresh Fruit
- Popcorn Chicken Salad, Roasted Vegetables, Tropical Fruit, Fresh Fruit , Fruit Streusel Muffin

FEED YOUR BRAIN!